



# Teach-Back: A Workshop to Improve Understanding

*A Health Literacy Month Event*

Join the **Health Literacy Council of Delaware** for an engaging workshop on the Teach-Back method.

A great chance to learn about and practice this communication technique that ensures patients, clients, and community members truly understand the information they receive.



Online  
Via Zoom



1:00 PM –  
2:00 PM



Tuesday  
October 14, 2025

## You Will Learn & Practice:

- What the Teach-Back method is and why it works
- How to use it to confirm understanding without making people feel tested
- Practical strategies for applying Teach-Back in healthcare, community, and service setting
- Tips for making the process quick, respectful, and culturally responsive

## Who Should Attend:

- Healthcare providers
- Community organizations
- Policymakers
- Patient advocates
- Patient navigators
- Anyone interested in improving how Delawareans understand and navigate their health care

## Why It Matters

Clear, effective communication leads to better health outcomes, increased trust, and empowered decision-making. Teach-Back is one of the simplest and most impactful ways to achieve this.

**Register Now** 